



SACRED HEART CHURCH

THE ITALIAN NATIONAL PARISH



37 SCHUYLER AVENUE STAMFORD, CONNECTICUT 06902 Phone: 203-324-9544/FAX: 203-324-9202

July 19, 2026

Sixteenth Sunday in Ordinary Time

See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.



WEEKDAY MASSES/MISA DIARIA(EN INGLES)

**MONDAY TO FRIDAY 7:00AM / LUNES A VIERNES
7:00AM**

WEEKEND MASSES/MISAS DE FIN DE SEMANA

SATURDAY MASSES:

**8:00AM (English)
4:00PM (English)
6:00PM (Spanish)**

SUNDAY MASSES:

**8:30AM (English)
10:00AM (Italian)
11:30AM (English)
1:00PM (Spanish)**

**SATURDAY 8:00PM NEO-CATECHUMENAL MASS IN
CHURCH & LOWER CHURCH**

CLERGY

Rev. Fr. Alfonso Picone

Pastor

Fr. Martin de Mayo

Parochial Vicar

Deacon: Andres Grajales

Trustees

Mr. Louis Sileo

Mr. Leonard D'Andrea

Chairman of the Finance Board

Mr. Louis Sileo

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Organist & Director of Music

Mr. Gregory Freilino

1-917-885-9329

Spanish Choir Director

Mr. Lucas Romero

203-820-6874

Director of Religious Education

Mrs. Michele Sabia

203—249-8813

Rectory Office Staff

Mrs. Beatrice Centonze

Mrs. Marie Loiseau

Ms. Rosella Parrotta

Mr. Lucas Romero

DEVOTIONS/DEVOCIONES

**BLESSED SACRAMENT ADORATION/
MONDAY 5:30 PM**

**LITURGY OF THE WORD/ (LOWER
CHURCH) TUESDAY & WEDNESDAY
8:00 PM**

**SPANISH ROSARY/MONDAY 8:00 PM
PRAYER GROUP/FRIDAY 7:30- 9:30 PM**

SACRAMENTS/ SACRAMENTOS

**CONFESSION / SATURDAY
2:45 PM -3:45 PM**

**-BAPTISM .
-FIRST COMMUNION.
-CONFIRMATION .
- MARRIAGE .
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info OR Visit our website:
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OFFICE / OFICINA

MONDAY TO FRIDAY

HOURS: 10AM to 3PM

RECTORY OFFICE: 203-324-9544

WEBSITE: stamfordsacredheart.org

E-MAIL: sacredparish@optonline.net

DAILY MASS INTENTIONS

Saturday July 18, 2026

8:00AM Marcucci Family by Joseph Rainone and Junior
4:00PM Ralph Vitti by Joseph Rainone
6:00PM (Sp) Jose Eduardo Saco / Fabricio Torres by Family

Sunday July 19, 2026

8:30AM Carmine & Clorinda Moccia by Toni Moccia & Family
10:00AM Giovanni, Lucia, Maria Frattaroli by Family
11:30AM Salvatore, Anna, Ercole, Gennaro & Silverio Pagano by Niece Antonietta Sandolo
1:00PM (Sp) Maria Romero by Husband & Son

**THE LAMP AND HOST FOR THE WEEK OF JULY 19- JULY 25, 2026.
IN MEMORY OF TEOFILO GARCIA BY CHILDREN 20TH ANNIVERSARY
ELIZABETH TORIBIO BY SISTER**

Monday July 20, 2026

7:00AM Francesco & Vincenza Vonella & deceased family by Family

Tuesday July 21, 2026

7:00AM Caterina Tarzia by Pelli. Scalero & Lasalandra Families

Wednesday July 22, 2026

7:00AM For the souls in purgatory.

Thursday July 23, 2026

7:00AM For the souls of our parishioners.

Friday July 24, 2026

7:00AM Linda Scanlon by Family

Saturday July 25, 2026

8:00AM Arlene Veronica Sabia by Family
4:00PM Assunta (Cindy) Leone D'Aiello by Alice Neal
6:00PM (Sp) For the souls in purgatory.

Sunday July 26, 2026

8:30AM Lorenzo & Rosaria - Fiore & Carmina Bria by Carmela Bria & Family
10:00AM Deceased Campolunghi & Tamburri Families by Mr. & Mrs Alan Bianco
11:30AM Madelina, Giovanina, Giovanino, Legginero Perotta by Perotta Family
1:00PM (Sp) Julio Cesar Valdez by Family / Carmen Olga Mozca Robles by Angel Rivadeneyra e hijos

SUNDAY COLLECTION – Collection week of July 11 & 12 all masses. \$ 5,251

ILL OF PARISH: We pray for Michele Vartuli, Crystal Campos and for all parishioners who are ill.

ADORATION OF THE BLESSED SACRAMENT

SACRED HEART CHURCH

Monday 5:30 – 6:45 pm

(A brief silence for adoration precedes the Novena)



NOVENA OF THE MIRACULOUS MEDAL

Monday 6:30 pm



**“I AM THE BREAD
OF LIFE”**

**“WHOEVER COMES TO ME
SHALL NOT HUNGER”**

¡Apoyar la Campaña del Obispo nos une como Uno en Cristo!







Annual Italian-American Saint Ann's Feast

Delicious Italian food with our famous pizza frita

Thursday, 7/23 6-10 pm	Saturday, 7/25 4-10 pm
Friday, 7/24 6-10 pm	Sunday, 7/26 3-8 pm

Join us for our traditional Saint Ann celebration at a Mass at 10 am, Saturday, July 25, at St. Thomas the Apostle Church, 203 East Avenue, Norwalk. A procession to the church will leave the Saint Ann Club, 16 Hendricks Avenue, Norwalk at 9:30 am. All are welcome to attend.

For more information, please call Saint Ann's Club (203)853-3603 or Annamaria Malagisi at (203)857-4800



**ADOPTA
ESPIRITUALMENTE A UN
SACERDOTE**

Unamos nuestras oraciones a las oraciones de la Reina del Cielo por los sacerdotes. Reza el Santo Rosario o una décima del Santo Rosario por las vocaciones sacerdotales y por uno de los Hijos Predilectos de Nuestra Santísima Madre. Reza por un sacerdote de nuestra diócesis durante un año.

ORACION

Virgen María, Madre de Jesús, coloca tu manto de puerzo sobre nuestros sacerdotes. Protégelos, guíalos y guárdalos en tu corazón. Sé Madre para ellos, especialmente en los momentos de desánimo y soledad. Ámalos y manténlos siando completamente de Jesús. Como Jesús, ellos también con tus hijos, mantén sus corazones puros y virginales. Mantén sus mentes llenas de Jesús, y pon a Jesús siempre en sus labios, para que sea a Él a quien ofrezcan al pecador y a todos los que encuentren. María, Madre de Jesús, sé su Madre, amándolos y llevándolos alegría. Cuida especialmente de los sacerdotes enfermos, moribundos, y de los más tentados. Recuerda cómo pasaron su juventud y su vejez, toda su vida sirviendo y entregándolo todo a Jesús. María, bendícelos y reserva un lugar especial para ellos en tu corazón. Dale un pedazo de tu corazón, tan hermoso, puro e Inmaculado, tan lleno de amor y humildad, para que también ellos puedan crecer en la semejanza de Cristo. Querida María, hazlos humildes como tú y santos como Jesús. Amén.
Santa Teresa de Calcuta



**SPIRITUALLY
ADOPT A PRIEST**

Let us join our prayers to the prayers of the Queen of Heaven for priests. Pray the Holy Rosary or one decade of the Holy Rosary for vocations to the priesthood and for one of Our Blessed Mother's beloved Sons. Pray for one priest of our diocese for one year.

PRAYER

Virgin Mary, Mother of Jesus, throw your mantle of purity over our priests. Protect them, guide them, and keep them in your heart. Be a Mather to them, especially in times of discouragement and loneliness. Love them and keep them belonging completely to Jesus. Like Jesus, they, too, are your sons, so keep their hearts pure and virginal. Keep their minds filled with Jesus, and put Jesus always on their lips, so that He is the one they offer to sinner and to all they meet. Mary, Mother of Jesus, be their Mather, loving them and bringing them joy. Take special care of sick and dying priests, and the ones most tempted. Remember how they spent their youth and old age, their entire lives serving and giving all to Jesus. Mary, bless them and keep a special place for them in your heart. Give them a piece of your heart, so beautiful and pure and Immaculate, so full of love and humility, so that they, too, can grow in the likeness of Christ. Dear Mary, make them humble like you, and holy like Jesus. Amen.
St. Teresa of Calcutta

**GRUPO DE ORACIÓN
SAGRADO CORAZÓN**



**TE INVITA TODOS LOS VIERNES
DE 7:30 A 9:30 PM**

CON ALABANZAS Y PREDICA DE LA PALABRA

**LA ORACIÓN EN
COMUNIDAD ES FUERZA**



IGLESIA SAGRADO CORAZÓN
37 SCHUYLER AVE, STAMFORD CT



SORRY FOR YOUR LOSS

If one more person says "sorry for your loss," I think I'm going to scream.

The bank manager says it. The cable company representative says it—right before telling me I can't change the name on the account because of some policy that sounds like no customer has ever died and left a loved one to deal with the paperwork. Every stranger I am forced to inform, in the middle of some mundane transaction, that my husband died. Very unexpectedly. That's why I don't have the password. That's why I don't know his PIN. That's why I'm standing here, doing this, without him. "Sorry for your loss" has started to feel like a tic. A reflex.

Cultural punctuation that means:

I have acknowledged the thing, and now we may proceed. They are just doing their jobs, I know. Still, each time I say the words out loud—each time I have to explain—it brings the loss rushing back, even as I try to accomplish the simplest tasks.

Then I take a breath and try to give grace. Maybe they are sincere. Who am I to judge? Maybe

it is not just company policy or training, but something personal. Maybe hearing my words touches a loss of their own—something buried, something that lives just beneath the surface. Maybe a quick, practiced "sorry for your loss" is all they can manage without unraveling. Maybe more words, more eye contact, more connection would risk stirring something they are not ready to face in the middle of a workday.

There is a lesson here for me, too.

These exchanges are teaching me how I want to respond when I am on the other side. I try not to say "sorry for your loss" anymore. I try to offer something more real—a pause, a quiet acknowledgment: "That must be hard." A moment of presence. A willingness to see the person, not just the circumstance.

It is okay to make a connection. It may recall the pain of my own loss, but perhaps it can lessen the weight of someone else's.



SIENTO TU PÉRDIDA

Si una persona más me dice «siento tu pérdida», creo que voy a gritar.

Lo dice el gerente del banco. Lo dice el representante de la compañía de cable, justo antes de explicarme que no puedo cambiar el nombre del titular de la cuenta debido a una política que hace parecer que ningún cliente ha muerto jamás dejando a un ser querido a cargo del papeleo. Cada extraño al que me veo obligada a informarle, en medio de una transacción cualquiera, que mi esposo murió. De manera muy inesperada. Por eso no tengo la contraseña. Por eso no sé su PIN. Por eso estoy parada aquí, haciendo esto, sin él.

«Siento tu pérdida» ha empezado a sentirse como un tic. Un reflejo. Un signo de puntuación cultural que significa: ya cumplí con el protocolo, ahora podemos continuar. Sé que solo están haciendo su trabajo. Aun así, cada vez que tengo que decir las palabras en voz alta —cada vez que tengo que dar explicaciones—, el dolor de la pérdida regresa de golpe, incluso mientras intento realizar las tareas más simples. Luego, respiro hondo e intento ofrecer un poco de gracia. Quizás sean sinceros. ¿Quién soy yo para juzgar? Quizás no sea solo una política de la empresa o un librito de capacitación, sino algo personal. Tal vez escuchar mis palabras evoca una pérdida propia; algo enterrado que vive justo bajo la superficie. Quizás un rápido y ensayado «siento tu pérdida» es todo lo que pueden ofrecer sin desmoronarse. Tal vez más palabras, más contacto visual, una conexión más profunda, correría el riesgo de remover algo que no están listos para enfrentar en medio de su jornada laboral.

Aquí también hay una lección para mí.

Estos intercambios me están enseñando cómo quiero responder cuando me toque estar del otro lado. Ya intento no decir «siento tu pérdida». Busco ofrecer algo más real: una pausa, un reconocimiento silencioso: «Debe ser muy difícil». Un momento de presencia. La voluntad de ver a la persona, no solo su circunstancia.

Está bien conectar con el otro. Puede que reviva el dolor de mi propia pérdida, pero tal vez pueda aliviar un poco el peso de la de alguien más. **By Maire Ullrich**

Programa Diocesano de Formación para Proclamadores de la Palabra

Detalles del Evento

- Fecha:** 5, 12, 19, 26 de agosto
- Hora:** 7 PM
- Modalidad:** En Persona
- Lugar:** Iglesia de San Jorge / 443 Park Avenue, Bridgeport, CT 06605
- Fecha límite de Inscripción:** 29 de julio

Temas de Formación

- Teología Básica de las Escrituras Bíblicas
- Liturgia y Espiritualidad del Proclamador de la Palabra
- Prácticas elementales y técnicas de lectura y locución
- Reverencia y decoro

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2026

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Aspectos destacados del programa

Año 1: Desde el Génesis hasta los Reyes

Año 2: Fundamentos del Nuevo Testamento

Año 3: Antiguo Testamento

Año 4: La Palabra en el mundo helenístico

Ahora se puede solicitar la admisión

Estudiantes nuevos y que regresan:
El período de registro está abierto hasta el 14 de agosto.

REQUISITOS: Comprensión en escritura y lectura

Fecha última: viernes, 14 de agosto de 2026.

Clases en Español en Vivo por Zoom

Año 1 CBS-100: Todos los jueves 6:30 - 8:30 pm

Año 2 CBS-200: Todos los martes 6:30 - 8:30 pm

¡INSCRÍBETE HOY!

AOH Office of Missionary Discipleship
NECBS Office 860-541-6491
Program Coordinator: dayanee.olivieri@aohct.org
WWW.ArchdioceseofHartford.org/NECBS

Escanea el código QR para enviar tu aplicación y obtener más información!

PASTOR'S DESK

Dear parishioners,

In today's Gospel, Jesus offers three parables to describe the Kingdom of Heaven. He also explains why he speaks to the crowds in parables and interprets the parable of the sower for the disciples. This reading is a continuation of Jesus' discourse that we began reading last Sunday.

All three parables use commonplace experiences to describe aspects of the Kingdom of Heaven. The first parable is longer and more detailed than the next two, and it alerts us to the two-fold reality of the Kingdom of Heaven. The beginnings of the Kingdom of Heaven can be found in this world. The fruition of the Kingdom of Heaven, however, will not be realized until the final judgment. In the meantime, as Jesus' explanation to the disciples cautions, any effort to judge the progress of the Kingdom of Heaven is premature. Only God, in the final judgment, will distinguish the fruit of the Kingdom of Heaven and offer its reward.

The second and third parables call to our attention the abundance that will result from the small beginnings of the Kingdom of Heaven. Just as a mustard seed-the smallest of all seeds-will become a large bush, so too God will bring his Kingdom to full bloom. As a small amount of yeast will leaven the entire batch of bread, so too God will bring about the expansion of his Kingdom. In each case the image is of the superabundance that God brings out of even the smallest of signs of the Kingdom.

Contained within these parables are words of caution as well as words of consolation. In the parable of the sower we are warned against judging others. To judge and uproot the "weeds" prematurely will harm the wheat; final judgment rests with God. In the parables of the mustard seed and the yeast, we are consoled by the message that God can work wonders and produce abundance from even the smallest beginnings of the Kingdom of Heaven.



God bless you and your families!!

Fr. Alfonso Picone, Pastor

PRE-CANA RETREAT

for : Engaged Couples



Retreat Details:

Location: Church of the Holy Spirit in Holy Family Hall,
403 Scofieldtown Rd, Stamford, CT, 06903.

Cost: \$250 per couple (Includes Friday dinner, and Saturday continental breakfast and lunch).

Topics Covered: Families of Origin, Theology of Marriage, Prayer Life, Finances, Marriage Expectations, Natural Family Planning, and Communication.

Retreat Dates & Registration :

October Retreat

Friday, October 16th, 2026: 6:00 PM – 9:00 PM

Saturday, October 17th, 2026: 8:00 AM– 4:00 PM

Registration Link: bit.ly/OctPreCanaRetreat

Questions? Contact Izabella Nagle at
Iza.Nagle@stcecilia-stgabriel.org.



EASY WAYS TO REGISTER

<https://worldvillages.org/events/caggiano>

SCAN to register online or

Call our office Mon-Fri 8AM-4PM EDT

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