



# SACRED HEART CHURCH

THE ITALIAN NATIONAL PARISH



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**March 01, 2026**



## CLERGY

**Rev. Fr. Alfonso Picone**  
**Pastor**

**Fr. Martin de Mayo**  
**Parochial Vicar**

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203-820-6874

## Director of Religious Education

Mrs. Michele Sabia

203—249-8813

## Rectory Office Staff

Mrs. Beatrice Centonze

Mrs. Marie Loiseau

Mr. Lucas Romero

## WEEKDAY MASSES/MISA DIARIA(EN INGLES)

**MONDAY TO FRIDAY 7:00AM / LUNES A VIERNES**  
**7:00AM**

## WEEKEND MASSES/MISAS DE FIN DE SEMANA

### SATURDAY MASSES:

**8:00AM (English)**

**4:00PM (English)**

**6:00PM (Spanish)**

### SUNDAY MASSES:

**8:30AM (English)**

**10:00AM (Italian)**

**11:30AM (English)**

**1:00PM (Spanish)**

**SATURDAY 8:00PM NEO-CATECHUMENAL MASS IN**  
**CHURCH & LOWER CHURCH**



## DEVOTIONS/DEVOCIONES

BLESSED SACRAMENT ADORATION/  
MONDAY 5:30 PM

LITURGY OF THE WORD/ (LOWER  
CHURCH) TUESDAY & WEDNESDAY  
8:00 PM

SPANISH ROSARY/MONDAY 8:00 PM  
PRAYER GROUP/FRIDAY 7:30- 9:30 PM

## SACRAMENTS/ SACRAMENTOS

CONFESION / SATURDAY  
2:45 PM -3:45 PM

-BAPTISM .

-FIRST COMMUNION.

-CONFIRMATION .

- MARRIAGE .

-CALL THE OFFICE for more  
info OR Visit our website:  
stamfordsacredheart.org

## OFFICE / OFICINA

RECTORY OFFICE: 203-324-9544

WEBSITE: [stamfordsacredheart.org](http://stamfordsacredheart.org)

E-MAIL: [sacredparish@optonline.net](mailto:sacredparish@optonline.net)

## DAILY MASS INTENTIONS

### Saturday February 28, 2026

8:00AM Mass for All Souls  
4:00PM Rosalie Cross by Karen Sabia  
6:00PM (Sp) For Parishioners

### Sunday March 1, 2026

8:30AM Maria, Lucia, Michele, Covina, Alberigo Faugno by Covino Family  
10:00AM Rosa Filingeri & Matti Kosonen by Raffaella & Ernesto Napoli  
11:30AM Eugene Sullo Jr. by Loving Cousins  
1:00PM (Sp) Cristina Jean Pierre by Larissa Valdez

**The LAMP and HOST for the week of March 01 to March 7, 2026.  
FRANCO & AMELIA ACCETTOLA by NUGI & GIA**

### Monday March 2, 2026

7:00AM For Parishioners

### Tuesday March 3, 2026

7:00AM Franco & Amelia Accettola by Nugi & Gia

### Wednesday March 4, 2026

7:00AM Mass for All Souls

### Thursday March 5, 2026

7:00AM Domenick and Filomena by Lou Sileo

### Friday March 6, 2026

7:00AM For Parishioners  
6PM-7PM Station of the Cross (English / Italian)  
7PM-8PM Station of the Cross (Spanish)

### Saturday March 7, 2026

8:00AM Mass for All Souls  
4:00PM Loreto Framantozzi by Anna Lenny Norman  
6:00PM (Sp) For Parishioners

### Sunday March 8, 2026

8:30AM Salvatore Bonina by Vicent and Dolores Fanning  
10:00AM Ilanio Altamura by Michelina Altamura  
11:30AM Gerardo & Giuseppina, Vicenza Del Vaglio by Antonietta D'Agostino  
1:00PM (Sp) Carlos Alva by Children & Wife

**SUNDAY COLLECTION** – Collection Ash Wednesday **\$3,537**—Loaves & Fishes. **\$ 1,709**  
All Masses week of Feb. 21 & 22 **\$4,376**

**FOR THE DECEASED:** We pray for Eternal Rest for, Clara Pellini, Richard Gabriele and Sister Rosvilda Zarello from Glenbrook Convent

**Save the Date: Rosary Society, March 9, 2026 — Evening of Recollection**

**ILL OF PARISH:** We pray for Crystal Campos and for all parishioners who are ill .

### **ADORATION:**

**SACRED HEART CHURCH**

**Monday 5:30 -6:45 pm**

**Adoration with Novena of the Miraculous  
Medal 6:30pm**



*“Yo soy el Pan de vida, el que viene a mí no tendrá hambre”  
“I am the bread of life; whoever comes to me shall not hunger”*

# Gift A MARRIAGE BUILT TO LAST

## MARRIAGE PREPARATION AT ST. MARY PARISH

**LOCATION:** St. Mary Parish – Parish Hall 178  
Greenwich Avenue, Greenwich, CT 06830

**PROGRAM HIGHLIGHTS A DYNAMIC,** one-day marriage preparation program featuring the Cana Prep leadership team and professional guest speakers, with interactive talks and panel discussions.

**TOPICS INCLUDE:** Communication Family of Origin Stewardship of Resources Intimacy Natural Family Planning God's Plan for Marriage Boundaries

Couple reflection time included. Mentorship available upon request.

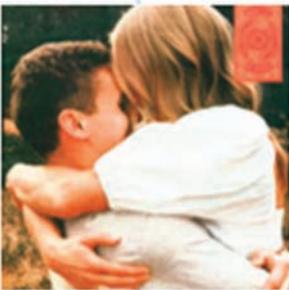
### REGISTRATION OPEN NOW!

Saturday, March 28  
9:00 am to 6:30 pm Parish Hall

**SCHEDULE:** Start time: 9 am, ending with Mass @ 5:15 pm, followed by a Champagne reception in the Rectory (hosted by Fr. Mike)

**COST:** \$200 per couple  
(Continental breakfast, lunch, and champagne reception included)

To register:  
[canaprep.stmary@gmail.com](mailto:canaprep.stmary@gmail.com)



### SAVE THE DATE: RECONCILIATION MONDAY

MARCH 30, 2026

The Diocese of Bridgeport will once again host **Reconciliation Monday on March 30**, providing the faithful with an increased opportunity to receive the Sacrament of Reconciliation during Holy Week and prior to the Easter Triduum. Participating parishes will offer the sacrament from **3:00 pm to 9:00 pm**.

**In our area, the following parishes will participate:**

#### **Cause of Our Joy Deanery (Stamford)**

- St. Cecilia Church: 1184 Newfield Ave.
- St. Mary Parish: 566 Elm St. **(Español)**

#### **Mary, Mother of the Church Deanery (Greenwich)**

- St. Mary Parish: 178 Greenwich Ave. (Available 4:00 pm – 8:00 pm)
- St. Catherine of Siena-St. Agnes Parish: 4 Riverside Ave. (Available 4:00 pm – 8:00 pm; **en Español 7:00 pm – 8:00 pm**)



2026 Diocesan Lenten Pilgrimage  
FEBRUARY 18 – APRIL 2  
68 MASSES in 30 CHURCHES  
over 38 DAYS

## A Message from Bishop Caggiano

Lent invites us to walk with the Lord more intentionally, allowing Him to lead us from where we are to where He desires us to be. This Lenten Pilgrimage offers a sacred opportunity to enter holy spaces throughout our diocese, and open our hearts more fully to conversion, healing, and hope.

As you journey from church to church, may each Mass

deepen your trust in the Lord's mercy and renew your joy in the Gospel. Know that I am walking with you in prayer, asking the Holy Spirit to strengthen and bless you along the way. May this pilgrimage draw us ever closer to Christ and to one another—as we prepare for our Sacred Paschal Triduum, especially the joy of Easter.

*Please join us for as many Masses as you can and experience the Truth and Beauty of the Lenten Season!*

Name: \_\_\_\_\_

Email: \_\_\_\_\_



Total Masses Attended: \_\_\_\_\_

Please submit your forms for recognition to:

**email:** [Sfilizzola@diobpt.org](mailto:Sfilizzola@diobpt.org)

**or mail:** Diocese of Bridgeport (Attn: Steven Filizzola)  
100 Beard Sawmill Road, Suite 650  
Shelton, Connecticut 06484



You find the Lenten Pilgrimage schedule brochures at the church entrance. I hope you can send an email so you can attend the 68 Masses across 30 churches during this pilgrimage.

## Bishop received in private papal audience



VATICAN CITY—Bishop Frank J. Caggiano was received in a private audience with Pope Leo XIV as a part of Courage International's leadership team on February 6. Visiting the Pope alongside Bishop Caggiano were Father Brian Gannon, Courage's executive director and pastor of St. Theresa Parish in Trumbull; Father Kyle Schippel, a priest from the Archdiocese of Cincinnati, Ohio and Courage chaplain; and Angelo Sabella, a 31-year member of Courage. Courage International is a major international apostolate dedicated to accompanying those who experience same-sex attraction.



**2026 Bishop's Appeal**  
DIOCESE OF BRIDGEPORT

**Your gift to the Bishop's Appeal supports:**

- Priests, deacons, and laity being formed to preach, lead, and evangelize more effectively through our **St. Jerome Center for Preaching and Biblical Studies**
- Children in Danbury and Bridgeport encountering Jesus and growing in faith through the **Diocesan Satellite Faith and Sacramental Formation Center**
- Individuals and families in crisis, the poor, the sick, and all those searching for Christ served through **Catholic Charities** and other outreach ministries
- The isolated, grieving, and ill receiving care through our **Pastoral Companions Program**
- Families receiving tuition assistance to provide their children a **Catholic education**

[2026BishopsAppeal.org](https://2026BishopsAppeal.org)  
 203-416-1479

Please make a gift to the 2026 Bishop's Appeal

Scan here to make your gift online

## ¡Apoyar la Campaña del Obispo nos une como Uno en Cristo!

### DIOCESAN MEN'S RETREAT RADICAL DISCIPLESHIP

Saturday, March 14, 2026 |

8:00 AM – 3:00 PM

St. Catherine of Siena Church, Trumbull

All men of the diocese are invited to a powerful day of renewal focused on

**spiritual friendship and radical discipleship.**

The retreat includes **Mass with Bishop**

**Caggiano**, Eucharistic Adoration,

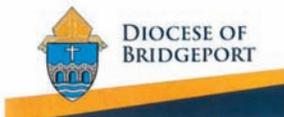
Confessions, small group discussions, and

inspiring talks by **Fr. Agustino Torres, CFR.**

Breakfast and lunch are included.

#### **Register:**

<https://formationreimagined.org/event/radical-discipleship-diocesan-mens-retreat/>



The event will be  
bilingual English/Spanish.



# CHARLAS MATRIMONIALES

# PRE-CANA

**Estas charlas están diseñadas para ayudar a las parejas a construir y fortalecer su relación, poniendo a Dios como cabeza y centro de una vida en común fundada en Él.**

**TODOS LOS JUEVES,**  
**Hora: 8:00 PM (Basement)**  
**"Un matrimonio fundado en Dios no es perfecto, pero es fiel, fuerte y lleno de esperanza"**

## PASTOR'S DESK

Dear parishioners,

For the second Sunday of Lent, we move from Jesus' retreat to the desert to his Transfiguration. Each year on the first Sunday of Lent, our Gospel tells the story of Jesus' temptation in the desert. On the second Sunday of Lent each year, we hear the story of Jesus' Transfiguration.

The story of Jesus' Transfiguration is told in the three Synoptic Gospels: Matthew, Mark, and Luke. In each of those Gospels, the Transfiguration follows Jesus' first prediction of his death and his teaching about the costs of discipleship. Jesus' Transfiguration is a promise of Jesus' glory, his Resurrection.

On a mountain in today's reading, a voice affirms that Jesus is God's Son in words reminiscent of the voice at Jesus' baptism. In addition, the appearance of Moses and Elijah on the mountain connects this story with God's relationship to the people of Israel. Moses and Elijah represent the Law and the Prophets, respectively. Together with Jesus, they represent God's complete Word.

The Transfiguration occurs in the presence of just three of Jesus' disciples: Peter, James, and John. In Matthew's Gospel, those disciples are among the first whom Jesus calls. The three men are identified as an "inner circle" among Jesus' disciples when Jesus asks them to accompany him to the Garden of Gethsemane just before his arrest.

God bless you and your families!!

Fr. Alfonso Picone, Pastor



### ROSARY SOCIETY

An Evening of Reflection

Monday, March 9th | 6:30 PM Location:

Sacred Heart Church (Lower Church)

Featuring Guest Speaker:

Fr. Nicholas Pavia

On the "Stations of the Cross"

Event Details:

- **Included:** Light Dinner, Coffee, and Dessert.
- **Cost:** \$25.00 per person.
- **Requirement:** RSVP by February 28th.

Registration & Payment:

Please make checks payable to:

**Sacred Heart Church**

Send payment to: Janice Mariano 33

Millport Ave. Apt. 113

New Canaan, CT 06840

ALL ARE WELCOME



### THE EUCHARISTIC MIRACLE OF LANCIANO

A 17th-century marble inscription commemorates a profound Eucharistic miracle that took place around the year **750 AD** at the Church of St. Francis in Lanciano, Italy. The accounts tell of a monastic priest who struggled with doubts regarding the Real Presence of Christ in the Eucharist. While celebrating Mass, as he pronounced the words of consecration, the Host was miraculously transformed into **living Flesh** and the Wine into **physical Blood** before the eyes of the entire congregation.

To this day, these relics remain preserved: the Flesh stays intact, and the Blood is divided into five unequal pellets. Remarkably, historical records state that any combination of these pellets weighs the same as the individual parts or the whole.

Modern Scientific Investigation

In **1970**, with the formal approval of the Holy See, the Archbishop of Lanciano and the Provincial Superior of the Conventual Franciscans requested a rigorous scientific analysis of the 1,200-year-old relics. The task was entrusted to **Dr. Odoardo Linoli**, director of the hospital in Arezzo and a professor of anatomy, histology, chemistry, and clinical microscopy.

On March 4, 1971, Professor Linoli presented his findings, which concluded that:

- **The Flesh** is authentic human cardiac tissue (myocardium).
- **The Blood** is genuine human blood, type **AB**.
- **No Preservatives:** The proteins in the blood were found to be unaltered, consistent with fresh blood, despite the absence of any chemical preservation or salt.

LANCIANO

ITALY, 750 A.D.





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