



SACRED HEART CHURCH

THE ITALIAN NATIONAL PARISH



37 SCHUYLER AVENUE STAMFORD, CONNECTICUT 06902 Phone:203-324-9544/FAX: 203-324-9202

February 8, 2026

We are called to be the salt of the earth, giving flavor to life, and a light to the world so that through our good deeds, others may find their way to God. Mt. 58:7-10



WEEKDAY MASSES/MISA DIARIA(EN INGLES)

MONDAY TO FRIDAY 7:00AM / LUNES A VIERNES 7:00AM

WEEKEND MASSES/MISAS DE FIN DE SEMANA

SATURDAY MASSES:

8:00AM (English)
4:00PM (English)
6:00PM (Spanish)

SUNDAY MASSES:

8:30AM (English)
10:00AM (Italian)
11:30AM (English)
1:00PM (Spanish)

SATURDAY 8:00PM NEO-CATECHUMENAL MASS IN CHURCH & LOWER CHURCH

CLERGY

Rev. Fr. Alfonso Picone
Pastor

Fr. Martin de Mayo
Parochial Vicar

Trustees

Mr. Louis Sileo

Mr. Leonard D'Andrea

Chairman of the Finance Board

Mr. Louis Sileo

203-348-3499

Organist & Director of Music

Mr. Gregory Freilino

1-917-885-9329

Spanish Choir Director

Mr. Lucas Romero

203-820-6874

Director of Religious Education

Mrs. Michele Sabia

203—249-8813

Rectory Office Staff

Mrs. Beatrice Centonze

Mrs. Marie Loiseau

Mr. Lucas Romero



DEVOTIONS/DEVOCIONES

BLESSED SACRAMENT ADORATION/
MONDAY 5:30 PM

LITURGY OF THE WORD/ (LOWER
CHURCH) TUESDAY & WEDNESDAY
8:00 PM

SPANISH ROSARY/MONDAY 8:00 PM
PRAYER GROUP/FRIDAY 7:30- 9:30 PM

SACRAMENTS/ SACRAMENTOS

CONFESSION / SATURDAY
2:45 PM -3:45 PM

- BAPTISM .
- FIRST COMMUNION.
- CONFIRMATION .
- MARRIAGE .
- CALL THE OFFICE for more info OR Visit our website: stamfordsacredheart.org

OFFICE / OFICINA

RECTORY OFFICE: 203-324-9544

WEBSITE: stamfordsacredheart.org
E-MAIL: sacredparish@optonline.net

DAILY MASS INTENTIONS

Saturday February 07, 2026

8:00AM For Parishioners
4:00PM Antonia & Luigi Vitti & deceased Family by Family
6:00PM (Sp) .Mass for All Souls

Sunday February 08, 2026

8:30AM Rosa Filingeri by Serafina
10:00AM Bruna Moccia by Giovanna & Andrew & Family
11:30AM Aucello Family by Centonze Family
1:00PM (Sp) For Parishioners

The LAMP and HOST for the week of February 8 to February 14, 2026.

CRISTOPHER SABIA by SABIA FAMILY

Monday February 09, 2026

7:00AM For Parishioners

Tuesday February 10, 2026

7:00AM Mass for All Souls

Wednesday February 11, 2026

7:00AM Maria Josefina Saravia by Children (3rd anniversary)

Thursday February 12, 2026

7:00AM For Parishioners

Friday February 13, 2026

7:00AM Mass for All Souls

Saturday February 14, 2026

8:00AM Dominick & Filomena Sileo by Children

4:00PM Rosalie Cross by the Rosarians

6:00PM (Sp) .Mass for All Souls

Sunday February 15, 2026

8:30AM Mary, Nicholas, Peter Gasparino by Diane Gasparino

10:00AM Mass for All Souls

11:30AM Giovanni D'Agostino by Wife and Children

1:00PM (Sp) Iris Celia Rios by Julia Rosa

SUNDAY COLLECTION – Collection All Masses Week of Jan.31 & Feb.1st \$ 5,176

Monthly \$ 2,004

FOR THE DECEASED: We pray for Eternal Rest for Stefano Valente

ILL OF PARISH: We pray for Crystal Campos and for all parishioners who are ill .

ADORATION:

SACRED HEART CHRUCH

Monday 5:30 -6:45 pm

Adoration with Novena of the Miraculous

Medal 6:30pm



***“Yo soy el Pan de vida, el que viene a mí no tendrá hambre”
“I am the bread of life; whoever comes to me shall not hunger”***

RADICAL DISCIPLESHIP

DIOCESAN MEN'S RETREAT

The event will be bilingual English/Spanish.

DIOCESAN MEN'S RETREAT /
RETIRO DIOCESANO PARA HOMBRES 2026



CONSTRUYENDO
NUESTRO FUTURO
CON FE

12 DE FEBRERO | 5:30PM
163 ORTEGA AVENUE, BRIDGEPORT

REUNIÓN
DE HOMBRES

Sat., March 14
8:00AM - 3:00PM
Doors open at 7am for breakfast

St. Catherine of Siena Church
220 Shelton Road, Trumbull, CT

- Celebration of Mass with Bishop Caggiano
- Praise & Worship Adoration
- Eucharistic Procession/Relic Procession
- Small Group Reflection Discussions
- Large Group Reflections on Radical Discipleship
- Confessions Available
- Breakfast and Lunch Included

with **Fr. Agustino Torres, CFR**

Father Agustino Torres, CFR, is a Franciscan Friar of the Renewal and founder of Corazon Puro. He passionately focuses on evangelization, purity of heart, youth ministry and Eucharistic revival. He is a popular host on EWTN, as well as an accomplished author, speaker and spiritual director.




Register now - \$35
formationreimagined.org



DIocese of BRIDGEPORT

2026 Diocesan Lenten Pilgrimage

FEBRUARY 18 - APRIL 2

68 MASSES in 30 CHURCHES
over 38 DAYS



A Message from Bishop Caggiano

Lent invites us to walk with the Lord more intentionally, allowing Him to lead us from where we are to where He desires us to be. This Lenten Pilgrimage offers a sacred opportunity to enter holy spaces throughout our diocese, and open our hearts more fully to conversion, healing, and hope. As you journey from church to church, may each Mass

deepen your trust in the Lord's mercy and renew your joy in the Gospel. Know that I am walking with you in prayer, asking the Holy Spirit to strengthen and bless you along the way. May this pilgrimage draw us ever closer to Christ and to one another—as we prepare for our Sacred Paschal Triduum, especially the joy of Easter.

Please join us for as many Masses as you can and experience the Truth and Beauty of the Lenten Season!

Name: _____
Email: _____



Total Masses Attended: _____
Please submit your forms for recognition to:
email: Sfilizzola@diobpt.org
or mail: Diocese of Bridgeport (Attn: Steven Filizzola)
100 Beard Sawmill Road, Suite 650
Shelton, Connecticut 06484



You will soon find the Lenten Pilgrimage schedule brochures at the church entrance. I hope you can send an email so you can attend the 68 Masses across 30 churches during this pilgrimage.

JOIN US FOR A SPECIAL GATHERING

Table for S.O.U.L.S.

Sharing Our Unique Life Stories
Enjoy a warm family meal as we digest the Gospel together.

When: Saturday, March 14th

Time: Immediately following the 4:00 PM Mass

Where: Pellicci's Ristorante

Hosted by: Father Nicholas Pavia



Gift A MARRIAGE BUILT TO LAST

MARRIAGE PREPARATION AT ST. MARY PARISH

LOCATION: St. Mary Parish – Parish Hall 178
Greenwich Avenue, Greenwich, CT 06830

PROGRAM HIGHLIGHTS A DYNAMIC, one-day marriage preparation program featuring the Cana Prep leadership team and professional guest speakers, with interactive talks and panel discussions.

TOPICS INCLUDE: Communication Family of Origin Stewardship of Resources Intimacy Natural Family Planning God's Plan for Marriage Boundaries Couple reflection time included. Mentorship available upon request.

REGISTRATION OPEN NOW!

Saturday, March 28

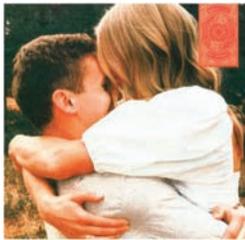
9:00 am to 6:30 pm Parish Hall

SCHEDULE: Start time: 9 am, ending with Mass @ 5:15 pm, followed by a Champagne reception in the Rectory (hosted by Fr. Mike)

COST: \$200 per couple (Continental breakfast, lunch, and champagne reception included)

To register:

canaprep.stmary@gmail.com



ENCUENTRO DE MUJERES

13 de FEBRERO

Tú eres CREADA con un propósito

Efesios 2:10

Tú eres CREADA con un propósito

5:30pm BIENVENIDA

Regístrate con el link antes del 11 de febrero

Donación sugerida: \$15 (incluye la cena)

Koinonia John the Baptist OLCC

163 Ortega Ave, Bridgeport, CT

ADULT CONFIRMATION FORMATION

February 21, 2026 / 9:00am - 1:00pm

All Saints Catholic School / 139 W. Rocks Rd. / Norwalk, CT

Called and Confirmed: A Morning of Formation for Adults Seeking the Sacrament of Confirmation

Are you a **practicing Catholic adult** who has received **Baptism and First Holy Communion**, but have **not yet been confirmed**?

You are invited to a **Morning of Formation** designed especially for you.

Grounded in the *Catechism of the Catholic Church*, this session offers a welcoming space for adults to deepen their understanding of the faith, reflect on the meaning of Confirmation, and prepare spiritually and pastorally for this important step in Christian initiation.

As the Directory reminds us, "The catechumenal inspiration of catechesis... leads the believer to a personal encounter with Jesus Christ through the word of God, liturgical action, and charity" (DC 65). This morning is an opportunity to renew your journey of discipleship and say "yes" to the gifts of the Holy Spirit.

All participants must be baptized Catholics who actively practice their faith and are seeking Confirmation only.

register and complete this form:

<https://bridgeport.leadlms.com/register/group/344>

CREAR CUENTA

PASTOR'S DESK

Dear parishioners,

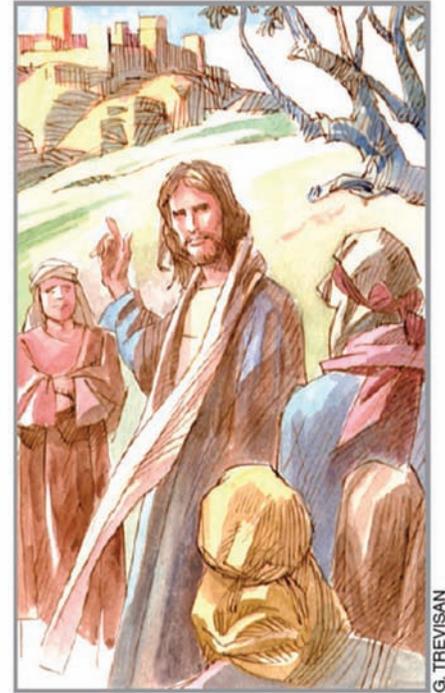
Jesus uses the now familiar metaphors of salt and light to describe the life of discipleship. We take salt and light for granted in our society, but these commodities were more precious in ancient cultures. Just as now, salt was used in Jesus' time for flavoring, as a preservative, and as a healing agent. Similarly, the widespread use of electricity in the modern world makes us less aware of the value and importance of light in our lives.

Still, our familiarity with this passage from Matthew's Gospel speaks well to the abiding power of the imagery that Jesus presented. Jesus' call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today's Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Works of Mercy.

When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith, the Church, we are indeed acting as "a city set on a mountain" that cannot be hidden!

God bless you and your families!!

Fr. Alfonso Picone, Pastor



Los animamos a aprovechar esta hermosa oportunidad de formación y crecimiento espiritual en pareja, dirigidas tanto a parejas que se encuentran en preparación para el Sacramento del Matrimonio, como a parejas ya casadas que desean seguir creciendo y fortaleciendo su relación.

Estas charlas están diseñadas para ayudar a las parejas a construir y fortalecer su relación, poniendo a Dios como cabeza y centro de una vida en común fundada en Él.



Todos los Jueves,
Iniciando el jueves 15 de enero de 2026

Hora: 8:00 PM

Iglesia inferior (Basement)

Idioma: Español

(Habrá traducción disponible para quienes no hablan español.)

"Un matrimonio fundado en Dios no es perfecto, pero es fiel, fuerte y lleno de esperanza."





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