

OUR LADY OF THE VISITATION PARISH COMMUNITY

Fifth Sunday of Lent
March 22, 2026



OUR STATEMENT OF MISSION

We, the people of Our Lady of the Visitation Church, inspired by Jesus' and Mary's example of openness to the will of God the Father and the Holy Spirit, desire to be faithful stewards of God's gifts to us; and believe our mission is: To understand the word of God through study; to become examples of Christ's love in the world by caring for one another through our communal sharing and service; and to celebrate our joy of understanding and caring through sacraments and prayer.

Everyone is welcome to become a member of our community of steward-disciples and to participate in our parish life and worship. Please take the time to register your family at the rectory office.

OUR STAFF

Rev. Antonio L. da Silva, SDV
Pastor

Rev. Prince Thomas, SDV
Parochial Vicar

Todd Rushing, *Deacon*

Peter Emr, *Deacon Emeritus*

Jeanette Price, *Parish Secretary*

Deacon Todd Rushing, *Finance Council
Chairperson*

Joann Longinetti, *Trustee*

Peggy Halligan, *Trustee*

OTHER COMMUNICATION CENTERS

Joanna Kowalska, *Music Director, Organist*
kjoanna38@yahoo.com

Youth Ministry
Future Announcement

RECTORY

234 Farview Avenue, Paramus, NJ

Phone: 201-261-6080

Fax: 201-261-2995

Office Hours:

Mon. - Thur. 9:00 am - 4:00 pm

Fri. 9:00 am - 12:00pm

Sat., Sun. – Closed

Parish Website: olvparamus.org

Bulletin Submissions:

bulletin@olvparamus.org

FAITH FORMATION CENTER

Phone: 201-265-3812

Fax: 201-261-2995

Office Hours:

Mon. - Thurs. 9:00 am - 2:00 pm

Fri., Sat., Sun. – Closed

Email: ccd@olvparamus.org

VISITATION ACADEMY

For information Call the Rectory
Office

SACRAMENTS

The Eucharist

Saturday Vigil Mass: 5:00 pm

Sunday Masses: 8:30, 10:30 am &
12:00 pm

Holy Day Masses: As announced in
bulletin

Weekdays: 7:00 & 8:45 am

Saturday: 9:00 am

Marriage

Arrangements should be made with
one of the priests one year before
the date of the wedding.

Anointing of the Sick

Please call the rectory for a priest to
anoint anyone who is seriously ill.

Reconciliation

Celebrated on Saturdays from
4:00 - 4:30 pm, or by appointment

Baptism

Celebrated at 1:30 pm on the
second Sunday of each month.
Instructions for parents and
sponsors the prior week 1:30 pm
in the Rectory, first Sunday of
each month. Pre-registration at the
Rectory is necessary prior to
Baptism instruction.

*Welcome to our
Parish Community*

HIS WORD TODAY

Rev. William J. Reilly

“Then you shall know that I am the Lord, when I open your graves and have you rise from them. Oh, my people! I will put my spirit in you that you may live, and I will settle you upon your land, thus you shall know that I am the Lord. I have promised and I will do it says the Lord.”... “If the spirit of the one who raised Christ from the dead dwells in you, then the One who raised Christ from the dead will give life to your mortal bodies also, through the Spirit dwelling in you... ‘I am the resurrection and the life.’”

Immersed in the days of Lent our practices call us to die to self and live for Him. We ask that the promise of which Ezechiel spoke will be fulfilled in our time. Jesus came that we might have life, and His life in abundance. The prophet spoke of a promise. Jesus gave new life to His friend Lazarus. We turn to Him again today, asking that the same Spirit might be found in us. He promised, He acts, He reminds us today, “I am the resurrection and the life.”

‘Lord Jesus Christ, have mercy on me a sinner.’

STEWARDSHIP OF TREASURE

Please consider enrolling in electronic giving. For information, see the DONATE link on our website, www.olvparamus.org. Peter Emr is our online giving coordinator. If you are having difficulty contact him at peteremr2@verizon.net.

2026 ANNUAL APPEAL HAS BEGUN!

For those who have already made a gift, please accept our sincere gratitude for your generosity and support of the Annual Appeal. Your generosity helps sustain programs and ministries that serve individuals and families throughout our four counties, strengthening our parishes, supporting Catholic education, caring for those most in need, and passing on the faith to the next generation.

If you have not yet participated, we invite you to take a moment to learn more about the impact of the Annual Appeal by watching the 2026 Annual Appeal message from Cardinal Joseph W. Tobin, C.Ss.R. at <https://www.youtube.com/watch?v=FXWhecZUNA4>

Thank you for your continued generosity and for supporting the Annual Appeal, the Archdiocese of Newark, and our parish.

COMMUNITY BUILDING

ACTIVITIES FOR THE WEEK

SUNDAY: Assessment Collection
MONDAY: Centering Prayer 7:15pm
THURSDAY: Bereavement 7:30pm
FRIDAY: Stations of the Cross 7:00pm
SATURDAY: Rosary 8:30am
 Mass 9:00am
 Miraculous Medal 9:30am
SUNDAY: Catholic War Veterans 8:30am

PENITENTIAL SERVICES FOR THE DEANERY

Please take the opportunity to be renewed spiritually. The final Penitential Service for the Deanery is **Monday, 3/23, 7:00pm**, at **Our Lady of Mt. Carmel, Tenafly**. In addition, **confession in our parish will be on Friday, 7:30am – 8:00am, 9:15am – 9:45am, and 6:00pm-6:30pm followed by Stations of the Cross.**

LENTEN REGULATIONS

The days of both Fast and Abstinence are Ash Wednesday and Good Friday. For more information, consult Fr. Antonio or Fr. Prince.

HOLY WEEK PROGRAM

Saturday, March 28 - Palm Sunday Vigil

Confession 4-4:30pm

Mass 5 pm Mass

Sunday, March 29 - Palm Sunday

Masses: 8:30am - 10:30am - 12 noon

Monday - Wednesday

Masses: 7am and 8:45am

Holy Thursday April 2

Mass at 7pm followed by adoration until 11pm

Good Friday April 3

Station of the Cross at 2:15pm

Passion of the Lord at 3pm

Holy Saturday April 4

Mass at 8pm

Easter Sunday April 5

Masses: 8:30am - 10:30am - 12 noon



We welcome our recently registered friends:

Pedro & Gisely Cabrera & Family

We extend our congratulations to the following couples who were recently married:

Franklin & Rebecca Roque

Thomas & Francesca Calderone

We remember in our prayers those who died in the month of February and pray for their families:

Alfonso Piccinich

Wanda Grabowski

We pray for the sick of the parish, especially Edward Carletto, Caye Condon, Desirie DeBari, Joan Gallina, Peter Jamgochian, Anna & Andrzej Krecki, Carol Lorenzo, Lynne McGarry, Zolio Magpantay, Karen Mahr, Amelia Martello, Paul Morra, Richard Wall, Paul Walter. Please call the Rectory with the name of any family member who is sick so we can include them on our prayer list.

We pray for our Emergency, Medical, First Responders, and Essential Workers**We Pray for those Serving our Country:**

1st Lt. Christopher J. Kalman, USMC



Please email bulletin@olvparamus.org or call the Rectory, if you have a loved one serving in the armed forces of the United States.

FROM GRIEF TO HOPE

Our parish Bereavement Ministry meets on **Thursday 7:00pm - 8:00pm** in the Rectory as follows: **3/26**, The Healing Journey; **4/2**, Option B (article); **4/9**, Coping With Grief & Depression, **4/16**, No Shortcuts to Mourning; **4/23**, Complicated Grief; **4/30**, Letting Go.

If you would like to join us, call Carol Russell 201-652-2549, Blanca Diaz 917-838-9524, or Joan Carlson, 201-248-9743.

PASTORAL PARISH COUNCIL

There will be a Pastoral Parish Council meeting on **Tuesday, March 31 at 7:00pm** in the Rectory. Please make every effort to attend.

**KNIGHTS OF COLUMBUS
ANNUAL LENTEN FISH FRY
AND CHIPS DINNER**

The Knights of Columbus Council 5680 welcomes you to the 5th annual Lenten Fish and Chips Dinner, **Saturday March 28**, at Annunciation Church this year. Tastefully British will again be our caterer for the event. Cost is \$20 for adults and \$15 for kids 12 and under. Chicken or Fish dinners are available. Tickets can be purchased after masses in March, or online at www.paramuskofc.org. Drive through and dine in options are both available.

CENTERING PRAYER

The contemplative practice of meditation and prayer is available in the Zoom Meditation Chapel on **Monday evenings at 7:15pm**. You are encouraged to consider joining our group which is made up of parishioners and neighbors from near and far.

The Home page for the meditation chapel can be found at MeditationChapel.org. At the bottom of the home page is a link to the [Getting Started Page](#) that has the [Steps To Follow](#). Step 3 has the link to [Register as a Meditation Chapel User](#). This page contains the link to [The Mail Chimp Registration Page](#). There you will fill in the necessary information – email, name, meditation tradition, etc. Click [Subscribe](#) and in a brief period of time you will receive your links to the Meditation Chapels.

There are several different meditation chapels that will be available to you offering a variety of prayerful experiences. To find our group choose the [Peace Chapel](#) on Monday evenings at 7:15pm. If you have any questions or need assistance with registering, please contact me at peteremr2@verizon.net or 201 259-0677. Gratefully + Peter

CURSILLO - SAVE THE DATE**Women's Cursillo Weekend**

April 30 – May 3

You are invited to a Women's Cursillo Weekend: A beautiful opportunity to step away from daily life and encounter Christ in a deeper way, surrounded by faith, friendship, and community. For more information contact Gail Artola at gailartola@msn.com

EMPLOYMENT MINISTRY

Mark Anderson is available on Thursday nights. Please contact him by email at mark@talentbeacon.net.

LIFELONG FAITH FORMATION

The Faith Formation Program at Our Lady of the Visitation Parish is an eight-year journey of growing in faith, designed for students in grades 1 through 8. This program is a cooperative effort between families and our parish community, working together to nurture our children's understanding and love of God.

Registration for the 2025-2026 school year is closed. Registration for the new year will start on March 1, 2026. For more information regarding Faith Formation classes please contact Roberta at ccd@olvparamus.org or call the Rectory.

We are also seeking volunteers who feel called to share their faith with our children; all are welcome! Please reach out to Charlene or Fr. Antonio for more information. High school students looking to earn service hours or simply wanting to volunteer are invited to serve as class aides or hall monitors on Sunday mornings from 8:55 a.m. to 10:15 a.m. If interested, please contact Charlene at cviger@olvparamus.org.

ORDER OF CHRISTIAN INITIATION OF ADULTS (FORMERLY RCIA)

The OCIA program at OLV will warmly welcome you and guide you on your faith journey.

- WANT TO LEARN MORE ABOUT THE CATHOLIC FAITH?
- KNOW SOMEONE WHO DOES?
- THINKING ABOUT BECOMING A CATHOLIC for some time but never got around to doing anything about it?
- MARRIED TO A CATHOLIC, but not yet made a religious commitment of your own?
- INVOLVED IN THE PARISH here at OLV but never taken the step towards becoming a member in full communion with the Church?
- BAPTIZED but not active in a church or find yourself wanting more?

Please consider joining us for OCIA (JOURNEY IN FAITH). Leave a message at the Rectory or email deacontoddr@gmail.com

WORSHIP & SPIRITUAL DEVELOPMENT



Monday

Dn 13:1-9, 15-17, 19-30, 33-62 or
13:41c-62; Jn 8:1-11

Tuesday

Nm 21:4-9; Jn 8:21-30

Wednesday

Is 7:10-14, 8:10; Heb 10:4-10; Lk 1:26-38

Thursday

Gn 17:3-9; Jn 8:51-59

Friday

Jer 20:10-13; Jn 10:31-42

Saturday

Ez 37:21-28; Jn 11:45-56

Sunday

First Reading: Isaiah 50:4-7

In a tone of quiet sadness, Isaiah describes the buffets and insults given to the Suffering Servant. The passage ends on a note of hope.

Second Reading: Philippians 2:6-11

In exultant tones, Paul tells the Philippians to rejoice because Christ became man, died on the cross, rose from the dead, and sits triumphantly at the right hand of the Father.

Gospel: Matthew 26:14—27:66

This is the solemn narrative of the passion and death of our Lord Jesus Christ. Matthew recounts the treachery and betrayal of Judas and then describes the events of the Last Supper, culminating in the institution of the Eucharist. Jesus endures the Agony in the Garden; he is then brought before Caiaphas and Pilate and condemned to death. After His resurrection, the centurions shouted, "Clearly this was the Son of God!"



Saturday, March 21

5:00pm Adeline Guerin

Sunday, March 22

8:30am Lily Pasaporte
10:30am Patrick Costello
12:00pm Betty DeBlasi

Monday, March 23

7:00am Novena Mass
8:45am Patrick Pasculli

Tuesday, March 24

7:00am Irma Devlin
8:45am Patrick Pasculli

Wednesday, March 25

7:00am Bernandita Jamgo
8:45am Robert Calamia

Thursday, March 26

7:00am Eugenia Perez
8:45am Novena Mass

Friday, March 27

7:00am For Vocations
8:45am Linda Menhinick

Saturday, March 28

9:00am Rusty Aguilar
5:00pm Dominick & Franceska Matesic

Palm Sunday, March 29

8:30am Catholic War Veterans
10:30am Orlando Angulo, Sr.
12:00pm Rusty Aguilar

MEMORIALS

Altar Candles, Sanctuary Lamp, Altar Bread & Wine

Linda Menhinick

As requested by Richard Menhinick

MARCH NOVENA MASSES

Monday, March 237:00am
Thursday, March 268:45am
Tuesday, March 318:45am

MARCH NOVENA MASS INTENTIONS

Emil J. Lovas	Anna Lovas
Richard Belina	Eileen Benson
James P. McMahon	Francis J. Casey
Vincent & Ceil Casey	James Rogers, Sr
James Rogers, Jr.	Robert Rogers
Ariana Rogers	Hanah Rogers (L)
Thomas Schweitzer	Robert Spitzer (L)
Kyle & Jessi Schweitzer (L)	

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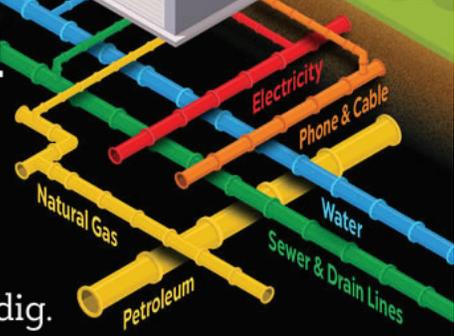
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