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HAPPENING THIS WEEK

Acontecimientos de la Semana

Tuesday, July 28, 2026

No Bible Study

Wednesday, July 29, 2026

10:00 am - 12:00 pm
St. Francis Food Pantry
at 139 Sherman Avenue

6:00 pm - 7:00 pm Alcoholics
Anonymous
in OLPH Hall

Thursday, July 30, 2026

7:00 pm - 8:30 pm Narcotics
Anonymous
in OLPH Hall



PARISH LITURGY

Liturgia de la Parroquia

Our Lady of Perpetual Help
100 Grant Avenue
Seaside Heights, NJ 08751

Sunday Masses

Saturday: 4:00 PM (Vigil Mass)
Sunday: 9:30 AM
7:00 PM (*Misa en Español*)

Daily Masses

Tuesday, Thursday &
First Saturday: 8:00 AM

Sacrament of Reconciliation with Individual Confession

Saturday: 3:00 - 3:45 PM

St. Catharine of Siena Church
50 E Street
Seaside Park, NJ 08752

Sunday Masses

Saturday: 4:30 PM (Vigil Mass)
Sunday: 8:00 & 11:00 AM

Daily Masses

Monday, Wednesday
& Friday: 8:00 AM

Sacrament of Reconciliation with Individual Confession

Saturday: 1:00 - 2:00 PM

Parish Mass Intentions
July 27, 2026 - July 31, 2026

MON	8:00 am At St. Catharine	+ Arthur A. Phillips by Paul & Karen Barna
TUES	8:00 am At OLPH	+ Helen Baszkowski by Seaside Heights Senior Organization
WED	8:00 am At St. Catharine	+ Mary Shenloogian by Evelyn Sulich
THUR	8:00 am At OLPH	+ Joseph Feltri by Feltri Family
FRI	8:00 am At St. Catharine	+ Margaret Husar by Patricia & Allen Moglia

August 1, 2026 - August 2, 2026

SAT	8:00 am At OLPH	World Peace
	4:00 pm At OLPH	+ William Sperduto by Michele & Don
	4:30 pm At St. Catharine	+ James Horner by Wife
SUN	8:00 am At St. Catharine	+ Ronald Skopak by MaryAnn Carbon
	9:30am At OLPH	+ Rosary Altar Society
	11:00 am At St. Catharine	+ Barbara Ann Villano by Olive Graham & Thomas Cali
	7:00 pm At OLPH	+ People of The Parish Spanish Mass



SAINT FRANCIS FOOD PANTRY



Saint Francis Food Pantry is **OPEN** on
Wednesdays

10:00 a.m. until 12:00 p.m.

St. Francis Food Pantry has seen a dramatic increase in the number of families who are in need of food assistance. **PLEASE CONTINUE TO HELP US!**

We need juice, canned fruit, beef stew, pasta sauce, syrup, mayo, mustard & ketchup, coffee, regular and instant and tea.

All are welcome at Saint Francis Food Pantry.

WEEKLY OFFERING

Due to an early publishing deadline, weekly collections will be posted in next week's bulletin.

Thank you for your generosity

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Fr. Michael G. Lorentsen, OFM Conv.	Pastor
Fr. Mitchell Sawicki OFM Conv.	Parochial Vicar
Ms. Renée Casadonte	Parish Catechetical Leader Safe Environment Coordinator
Ms. Melissa Mara	Parish Office Manager Executive Assistant to the Pastor
Mr. Martin Wilk, Jr.	Property Manager and Facilities Maintenance
Ms. Laura Dalton	Pastoral Musician
Mr. Kevin Dzugan	Custodian At OLPH Church

PARISH OFFICE HOURS

Monday, Wednesday, Thursday	10:00 am –12:00 pm Office is OPEN
	12:00 pm—1:00 pm CLOSED for LUNCH
	1:00 pm—4:00 pm Office is OPEN
Tuesday	<i>Parish office is CLOSED in the morning for a parish staff meeting and will open at 1:00 pm - 4:00pm</i>
Friday	No office hours



Prayer Shawl Ministry

Come join us in this comforting ministry. The shawls are blessed and given to people in need of a "spiritual hug". We meet every Wednesday from 1-3 pm in the Hall on the OLPH Campus. We can also teach you to knit if you would like to learn. If you or anyone you know are in need please call 908-616-3213 and leave a message.



Faith Formation for Children

Thank you to all of our Religious Education students, families, and volunteers for a wonderful year! We are grateful for your faith, participation, and support throughout the year. Wishing you all a safe, happy, and blessed summer. May God continue to bless you and your families!

Please stay tuned for information regarding next year's registration details.

POPE FRANCIS ON THE PARISH

"The parish is not an outdated institution; precisely because it possesses great flexibility, it can assume quite different contours depending on the openness and missionary creativity of the pastor and the community. While certainly not the only institution which evangelizes, if the parish proves capable of self-renewal and constant adaptivity, it continues to be "the Church living in the midst of the homes of her sons and daughters". This presumes that it really is in contact with the homes and the lives of its people, and does not become a useless structure out of touch with people or a self-absorbed group made up of a chosen few. The parish is the presence of the Church in a given territory, an environment for hearing God's word, for growth in the Christian life, for dialogue, proclamation, charitable outreach, worship and celebration. In all its activities the parish encourages and trains its members to be evangelizers. It is a community of communities, a sanctuary where the thirsty come to drink in the midst of their journey, and a center of constant missionary outreach. We must admit, though, that the call to review and renew our parishes has not yet sufficed to bring them nearer to people, to make them environments of living communion and participation, and to make them completely mission-oriented."

Apostolic Exhortation, *The Joy of the Gospel*,
November 24, 2013

SECOND COLLECTION TODAY FOR THE RETIRED, ELDERLY, AND INFIRMED PRIESTS OF THE DIOCESE OF TRENTON



A Message from our Pastor

Michael G. Lorentsen, OFM Conv.

May the Lord give you peace!

As you read this, hopefully I am on my way back to you from some vacation, 11 days in total. Expensive air fares this summer kept me from traveling too far from the parish. I am grateful to the friars for affording me this chance to get away for some rest and relaxation.

Pope Paul VI spoke on the importance of vacation back in 1973. He said, “Let us ensure that this free time, which we call vacation, is not entirely spent in dissipation or selfishness. Relaxation, refreshment, recreation (in the etymological sense), yes, but intelligent and vigilant.” He also highlighted that “holidays are a privileged time for good friendships, for getting to know places, customs, the needs of the people we do not usually approach, and for meeting new people worthy of our conversation”

In 1997, Pope John Paul II said, “For a vacation to be truly such and bring genuine well-being, in it a person must recover a good balance with himself, with others and with the environment”, He added that it “is this interior and exterior harmony which revitalizes the mind and reinvigorates body and spirit.”

In 2005, Pope Benedict XVI said, “Moreover, holidays are days on which we can give even more time to prayer, reading and meditation on the profound meaning of life in the peaceful context of our own family and loved ones.”

In 2017, Pope Francis said, “Summer season is a providential time to cultivate our task of seeking and encountering the Lord,” He said, in this “period of rest and disengagement from daily activities, we can reinforce our strengths of body and soul.” At the same time, Pope Francis encouraged us to entrust our holidays to the Virgin Mary, so she can help us “be in harmony with the Word of God, so that Christ may become light and lodestar throughout our life.”

Hopefully I am returning to you refreshed and relaxed. I remain grateful to serve with the friars here in the one Parish of St. Junipero Serra.

Peace and all good!

Fr. Michael

POPE LEO XIV

“In these past two-hundred and fifty years, for so many peoples throughout the world, it was the firm resolve to achieve the noble vision of the nation’s founders that made America a byword for freedom, as the country opened its doors to successive waves of immigrants, enabling them and their children to play their part in shaping the future of the nation. It was this same love of freedom that inspired the United States, in the darkest hours of the last century, at the time of the two world wars, to look beyond itself and, at great sacrifice, to champion the cause of freedom beyond its own borders.

“As every American knows, however, the path to building a society that would embody those high ideals of liberty and justice for all was not always easy and, in many respects, is still a work in progress. Indeed, the effort to realize this vision is one that must be taken up anew in each generation and in the face of ever new challenges. Today, as we look to the future, this historic anniversary presents us with the opportunity to reflect once again on the nation’s founding principles in the hope that America will remain ever true to the dream that has earned it the title of land of the free and home of the brave.

“It is this freedom that holds sacred the inner sphere of the person where convictions are formed and where conscience can guide the decisions made in the intimacy of the human heart. This same freedom also ensures the right of every person to worship according to one’s own belief, and of individuals, communities and associations to give public expression to their faith. In fact, religious freedom gave rise to the American tradition of allowing for interfaith dialogue and interreligious cooperation in promoting the public good and enriching the debates on the great moral and ethical issues that have faced the nation and shaped the course of its history. It is my hope that this tradition will continue to bear fruit in a public discourse marked by moderation, respect for the views of others and an ongoing effort to find common ground in promoting the cause of peace and reconciliation, at home and abroad.”

Acceptance of the Liberty Medal of the National Constitution Center in Philadelphia, PA by video.
July 3, 2026

POPE FRANCIS

"The challenges facing us today call for a renewal of that spirit of cooperation, which has accomplished so much good throughout the history of the United States. The complexity, the gravity and the urgency of these challenges demand that we pool our resources and talents, and resolve to support one another, with respect for our differences and our convictions of conscience.

"In this land, the various religious denominations have greatly contributed to building and strengthening society. It is important that today, as in the past, the voice of faith continue to be heard, for it is a voice of fraternity and love, which tries to bring out the best in each person and in each society. Such cooperation is a powerful resource in the battle to eliminate new global forms of slavery, born of grave injustices which can be overcome only through new policies and new forms of social consensus.

"Here I think of the political history of the United States, where democracy is deeply rooted in the mind of the American people. All political activity must serve and promote the good of the human person and be based on respect for his or her dignity. "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are life, liberty and the pursuit of happiness" (*Declaration of Independence*, 4 July 1776). If politics must truly be at the service of the human person, it follows that it cannot be a slave to the economy and finance. Politics is, instead, an expression of our compelling need to live as one, in order to build as one the greatest common good: that of a community which sacrifices particular interests in order to share, in justice and peace, its goods, its interests, its social life. I do not underestimate the difficulty that this involves, but I encourage you in this effort."

Address before a Joint Session of Congress at the U.S. Capitol, September 24, 2015

SECOND COLLECTION TODAY FOR THE RETIRED, ELDERLY, AND INFIRMED PRIESTS OF THE DIOCESE OF TRENTON



July 26, 2026

Blessings and peace for all of the grandparents and grandchildren of the parish.

POPE BENEDICT XVI

"I rejoice that the sense of belonging to the parish community has continued to develop and been consolidated down the years. Faith must be lived together and the parish is a place in which we learn to live our own faith in the "we" of the Church. And I would like to encourage you to promote pastoral co-responsibility too, in a perspective of authentic communion among all the realities present, which are called to walk together, to live complementarity in diversity, to witness to the "we" of the Church, of God's family. You in particular, dear families, are the environment in which the first steps of faith are taken; may you be communities in which one learns to know and love the Lord more and more, communities in which each enriches the other in order to live a truly adult faith. . . .

"Lastly, I would like to remind all of you of the importance and centrality of the Eucharist in personal and community life. May the heart of your Sunday be Holy Mass which should be rediscovered and lived as a day of God and of the community, a day on which to praise and celebrate the One who died and was raised for our salvation, a day on which to live together the joy of an open community, ready to receive every person who is lonely or in difficulty.

"Indeed, gathered around the Eucharist in fact, we more easily realize that the mission of every Christian community is to bring the message of God's love to everyone. This is why it is important that the Eucharist always be at the heart of the faithful's life, just as it is today."

Homily during his pastoral visit to the Roman Parish of St. Jon Baptiste de La Salle at Torino, March 4, 2012

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