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HAPPENING THIS WEEK

Acontecimientos de la Semana

Tuesday, March 10, 2026

8:45 am Bible Study
in the Sacristy of OLPH Church

5:00 pm Simon's Kitchen

Wednesday, March 11, 2026

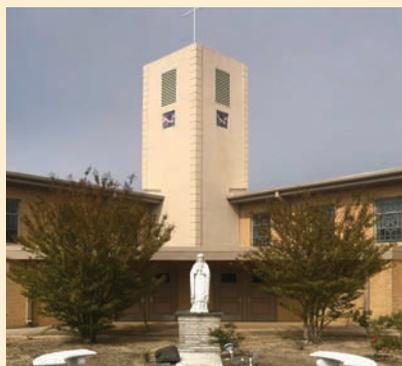
10:00 am - 12:00 pm
St. Francis Food Pantry
at 139 Sherman Avenue

5:00 pm - 6:15 pm
Faith Formation for
Grades 1, 2, 3 4
Saint Catharine Campus

Friday, March 13, 2026

Lent Schedule on Page 4

5:00 pm Simon's Kitchen in
OLPH Hall



PARISH LITURGY

Litúrgia de la Parroquia

Our Lady of Perpetual Help
100 Grant Avenue
Seaside Heights, NJ 08751

Sunday Masses

Saturday: 4:00 PM (Vigil Mass)

Sunday: 9:30 AM

7:00 PM (*Misa en Español*)

Daily Masses

Tuesday, Thursday &
First Saturday: 8:00 AM

Sacrament of Reconciliation
with Individual Confession

Saturday: 3:00 - 3:45 PM

St. Catharine of Siena Church
50 E Street
Seaside Park, NJ 08752

Sunday Masses

Saturday: 4:30 PM (Vigil Mass)

Sunday: 8:00 & 11:00 AM

Daily Masses

Monday, Wednesday
& Friday: 8:00 AM

Sacrament of Reconciliation
with Individual Confession

Saturday: 1:00 - 2:00 PM

Parish Mass Intentions
March 9, 2026 - March 13, 2026

MON	8:00 am At St. Catharine	+ Dolly McCabe by Lloyd Family
TUES	8:00 am At OLPH	+ Laurina Lucci by the Friars
WED	8:00 am At St. Catharine	+ Donna Longfellow by Ross & Family
THUR	8:00 am At OLPH	+ Richard Freitag by the Friars
FRI	8:00 am At St. Catharine	+ Charlie Martowlis by Family

March 14, 2026 - March 15, 2026

SAT	4:00 pm At OLPH	+ Artie Frew by Jane Welsh
	4:30 pm At St. Catharine	+ Vincent & Emma Mullin by Family
SUN	8:00 am At St. Catharine	+ Dolores Polcino by Maruca Family
	9:30am At OLPH	+ Sal & Clara Donatiello by Family
	11:00 am At St. Catharine	+ David Wood by Coleen & Ray Novick
	7:00 pm At OLPH	+ People of The Parish Spanish Mass



SAINT FRANCIS FOOD PANTRY
Saint Francis Food Pantry is **OPEN** on
Wednesdays
10:00 a.m. until 12:00 p.m.



St. Francis Food Pantry has seen a dramatic increase in the number of families who are in need of food assistance. **PLEASE CONTINUE TO HELP US!**

We need juice, canned fruit, beef stew, pasta sauce, syrup, mayo, mustard & ketchup, coffee, regular and instant and tea.

All are welcome at Saint Francis Food Pantry.

WEEKLY OFFERING

February 21 - 22, 2026

Parish \$4,493 - Building Repairs \$1,598

Central & Eastern Europe Collection - \$1,074

February 28 - March 1, 2026

Parish \$4,303 - Building Repairs \$1,811

Black & Native American Collection - \$604

Online Offering

February 28 - March 1, 2026

Parish \$2,357 - Building Repairs \$412

Thank you for your generosity

St. Catharine of Siena Church
Sanctuary Candle Burns in Memory of:

+ Charlie Martowlis

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+ Trisha Daniels

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Fr. Michael G. Lorentsen, OFM Conv. Pastor
Fr. Mitchell Sawicki OFM Conv. Parochial Vicar
Ms. Renée Casadonte Parish Catechetical Leader
Safe Environment Coordinator
Ms. Melissa Mara Parish Office Manager
Executive Assistant to the Pastor
Mr. Martin Wilk, Jr. Property Manager and
Facilities Maintenance
Ms. Laura Dalton Pastoral Musician
Mr. Kevin Dzugan Custodian
At OLPH Church

PARISH OFFICE HOURS

Monday, Wednesday, Thursday
10:00 am –12:00 pm Office is OPEN
12:00 pm—1:00 pm CLOSED for LUNCH
1:00 pm—4:00 pm Office is OPEN
Tuesday Parish office is CLOSED in the morning
for a parish staff meeting and will open
at 1:00 pm - 4:00pm
Friday No office hours

OUR PARISH USHERS NEED YOUR HELP

Our parish ushers and ministers of hospitality at St. Catharine of Siena Church can always use a little extra help with taking up the collections at the 11:00 am Mass. If you can help even on one time basis, please see one of the Ushers on the Central Ave side.



Faith Formation for Children

March 11, 2026 - 5:00 pm –6:15pm

Grades 1-4

March 18, 2026 - 6:15 pm - 7:30pm

Grades 5, 6, 7, & Confirmation Class

March 25, 2026 - 5:00 pm –6:15pm

Grades 1-4

Pope Leo XIV on Peace

“Faced with the possibility of a tragedy of immense proportions, I make a heartfelt appeal to all the parties involved to assume the moral responsibility of halting the spiral of violence before it becomes an unbridgeable chasm. May diplomacy regain its proper role, and may the well-being of peoples, who yearn for peaceful existence founded on justice, be upheld. And let us continue to pray for peace.”

March 1, 2026

If you would like to help and support the Catholic Church in Iran and throughout the Middle East at this time, you can make a donation through the Catholic Near East Welfare Association (CNEWA) which is based in New York City. You can use this link

<https://cnewa.org/what-we-do/emergency-middle-east-in-flames/>

The Catholic Near East Welfare Association is a 501(c)(3) organization | Tax ID #13-1623929

United States Conference of Catholic Bishops

As reports emerged on Saturday, February 28th regarding the escalation of hostilities in the Middle East, here in the United States Archbishop Paul S. Coakley, president of the U.S. Conference of Catholic Bishops, urgently called upon the United States, Iran, and the broader international community to return to dialogue and pursue every avenue toward a just and lasting peace.

Echoing the heartfelt appeal of Pope Leo XIV, to halt the spiral of violence before it becomes “an unbridgeable chasm,” Archbishop Coakley emphasized the critical need for restraint and for all parties to take concrete steps to end the conflict, work for peace and protect innocent lives. His full statement follows:

“The growing conflict risks spiraling into a wider regional war. As the Holy Father has warned, we are faced with the possibility of a tragedy of immense proportions. My brother bishops and I unite our voice with our Holy Father and make the heartfelt appeal to all parties involved for diplomacy to regain its proper role. We ask for a halt to the spiral of violence, and a return to multilateral diplomatic engagement that seeks to uphold the ‘well-being of peoples, who yearn for peaceful existence founded on justice.’ All nations, international bodies, and partners committed to peace must exert every effort to prevent further escalation.

“At this critical moment, I invite Catholics and all people of goodwill to continue our ardent prayers for peace in the Middle East, for the safety of our troops and the innocent, that leaders may seek dialogue over destruction, and pursue the common good over the tragedy of war. We implore the intercession of our Blessed Mother, Mary, Queen of Peace, to pray for our troubled world and for a lasting peace.”



A Message from our Pastor

Michael G. Lorentsen, OFM Conv.



May the Lord give you peace!

As I write this week’s column, we are a nation at war. Six of our fellow Americans have died in the conflict. As of this writing, we know the names of only four of them while the military contacts the next of kin of the other two. As a parish community with the Church throughout this land, we commend to God’s mercy Sgt. First Class Noah L. Tietjens, 42 years of age from Bellevue, Nebraska; Capt. Cody A. Khork, 35 years of age, from Lakeland, Fl; Sgt. First Class Nicole M. Amor, 39 years of age, from White Bear Lake, Minnesota; Sgt. Declan J. Coady, 20 years of age, of Des Moines, Iowa. May they rest in peace. May the Lord comfort their families in this time of testing and pain.

After the Angelus on Sunday, Pope Leo XIV said the following. “I am following with deep concern what is happening in the Middle East and in Iran during this tumultuous time. Stability and peace are not achieved through mutual threats, nor through the use of weapons, which sow destruction, suffering, and death, but only through reasonable, sincere, and responsible dialogue. Faced with the possibility of a tragedy of immense proportions, I make a heartfelt appeal to all the parties involved to assume the moral responsibility of halting the spiral of violence before it becomes an unbridgeable chasm. May diplomacy regain its proper role, and may the well-being of peoples, who yearn for peaceful existence founded on justice, be upheld. And let us continue to pray for peace.” In the beginning of the year in an address to all of the foreign diplomats to the Holy See, Pope Leo said, “a diplomacy that promotes dialogue and seeks consensus among all is being replaced by a diplomacy of force, of individuals or groups of allies,” and people think that peace can be pursued “by means of arms.”

No one disputes the odious regime of Iran’s supreme leader, Ali Khamenei. We continue to pray for the people of Iran. At the same time, there is no question that we are facing a domestic and international emergency as the bombs continue to fall. While we still hold out hope for a return to diplomacy, we must pray in earnest that government leaders “assume the moral responsibility of halting the spiral of violence before it becomes an irreparable abyss.” Lord, make us instruments of your peace.

Lent 2026



Diocese of Trenton



Fridays, March 13, 20, 27

- 8:45 am Stations of the Cross**
St. Catharine of Siena Church
- 3:00 pm Stations of the Cross**
Our Lady of Perpetual Help Church
- 3:30 pm Adoration of the Blessed Sacrament**
Our Lady of Perpetual Help Church
- 6:40 pm Benediction**
Our Lady of Perpetual Help Church
- 7:00 pm Via Crucis (Spanish Stations)**
Our Lady of Perpetual Help Church

2026 Annual Catholic Appeal

2026 Annual Catholic Appeal Progress

Goal: \$53,000.00
Pledged: \$6,492 (12%)
Paid: \$4,782 (9%)
Total Donors: 23
 (8% towards participation incentive)
Average Gift: \$282.26

Total donors needed to qualify for the participation increase incentive: 271

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Second Collection Next Weekend for Catholic Relief Services

Next weekend, our parish will participate in the national collection for Catholic Relief Services to help some of the most poor and vulnerable people. The U.S. bishops' annual Catholic Relief Services Collection helps those in need in the United States and worldwide by benefiting six agencies and offices affiliated with the Catholic Church, including the U.S. bishops' flagship international relief and development agency, Catholic Relief Services. Gifts are also accepted online at <https://www.igivecatholic.org/story/USCCB-CRS>.

The 2026 Annual Catholic Appeal invites us to take part in a shared mission rooted in love and sustained by joy. Through the ministries supported by the Appeal, our local Church brings Christ's love to those in need, strengthens faith in our parishes, and nurtures joy across every stage of life. When we give together, love takes action and joy endures—uniting us in hope, service, and faith..

Prayer Request

Dominique Joseph Mathieu, OFM Conv. Is a friar of our Order who was born in Belgium in 1963. He is a friar presently serving as Archbishop of Tehran-Isaphan in Iran. Pope Francis made him a cardinal in December of 2024. Cardinal Mathieu is the archbishop for Latin Rite Catholics in Iran, where most Catholics are Chaldean Catholics with a small group of Armenian Catholics. All three groups are in union with the See of Rome led by Pope Leo XIV. Please pray for them at this time.

As part of the Annual Catholic Appeal, funds are returned to the parishes for local needs. Some parishes use these funds to provide necessary maintenance to the church or parish buildings. Others direct the money to their social outreach and ministerial support.

50% of the funds collected over goal are returned for repair/restoration projects, new areas of growth or ministry development, as well as other needs.

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