

St. Catherine of Siena Catholic Church

1020 SPRINGVALE ROAD • GREAT FALLS, VIRGINIA 22066

PASTOR

Rev. Jerry J. Pokorsky

Direct line to Pastor

703-759-3520

(No text messages please)

JANUARY 28, 2024
Fourth Sunday in Ordinary Time

Welcome

MASS SCHEDULE

Sunday

8:00 & 10:00 am, 12:00 Noon*

*Novus Ordo Latin Mass

Saturday

8:30 am & Vigil Mass 5:30 pm

Weekdays & Federal Holidays

8:30 am (except Wed. 12:15 pm)

Holy Days

See "Mass Intentions" & website for Holy Day Mass schedule.

Sacraments

PENANCE

Monday, Tuesday, Thursday & Friday: 7:45 - 8:15 am

(except holy days and holidays)

Saturdays: 3:30 - 4:30 pm

BAPTISM

Baptismal Catechesis is required for parents one month (30 days) before the baptism; Godparents are encouraged to attend. To make Baptismal arrangements for both class and ceremony, call the Parish Office.

MATRIMONY

In accord with the regulations of the Bishop of Arlington, couples must contact a priest and begin preparation at least six months prior to the wedding. Parish registration is required. Living together before marriage is sinful and harmful to future marriage. Couples who are living together will be asked to live separately during the preparation time.



24 HOUR EUCHARISTIC ADORATION

Every Wednesday and First Friday beginning at 9:00 am and ending before Mass the following morning.

For questions please contact Diane Cieslak at 703-678-3919 or polskagirl65@gmail.com.

RELIGIOUS EDUCATION

Required for all children first grade through high school attending non-Catholic school.

Please contact the Religious Education office for information at stcatherinesreoffice@gmail.com or 703-759-3530.

CATHOLIC INQUIRY

If you or someone you know would like to inquire about becoming Catholic, please call the Parish Office.

PARISH REGISTRATION

Please call the Parish Office to register; if you are moving out of the parish; or if you have a change of address and/or phone number.

SICK CALLS

Contact Parish Office for visits and/or Communion calls to shut-ins, sick and hospitalized, also in cases of serious illness or death.

PRAYER FOR SICK OR DECEASED

Contact Parish Office for mention in the bulletin.



PHONE NUMBERS

Parish Office ----- 703-759-4350

Fax ----- 703-759-3753

Religious Education ---- 703-759-3530

Siena Academy ----- 703-759-4129

PARISH OFFICE HOURS

Monday - Friday ---9:30 am - 1:30 pm

Closed on Federal Holidays

PARISH WEB SITE

www.saintcatherineschurch.org

BULLETIN DEADLINE

The bulletin deadline is 11:00 am two Fridays preceding the weekend of distribution. Please contact Parish Office for earlier deadlines during holidays.

**FOURTH SUNDAY IN
ORDINARY TIME
JANUARY 28, 2024**

Then they came to Capernaum, and on the sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us?" I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, "What is this? A new teaching with authority. He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee.
(Mark 1: 21-28)

MASS INTENTIONS

SATURDAY, January 27

8:30 am Joyce Murphy+

5:30 pm Special Intentions**

SUNDAY, January 28

8 am Pro Populo

10 am Trese Loria

12 pm John Larounis & Family

MONDAY, January 29

8:30 am Bill Hollowman+

TUESDAY, January 30

8:30 am Bill Hollowman+

WEDNESDAY, January 31

12:15 pm Anthony Loria

THURSDAY, February 1

8:30 am Marie Bernier+

FRIDAY, February 2

8:30 am Gabriel Loria

SATURDAY, February 3

8:30 am Raymond Bernier+

5:30 pm Jean Driggers+

SUNDAY, February 4

8 am Pro Populo

10 am Lani Bernier

12 pm Marie Willis

PLEASE PRAY FOR James L. Forestell+, Sharon S. O'Donnell+, Howard M. Hines+, James Volpicelli+, Martha Dillon+, John L. McCarty+, Mary Waggener+, Carole Ann Dziak+, Peter Sellier+, John Monsul+, Archangelina Randazzo Holuba+, Call rectory for additions.

What's New?

(See Inside for details)

- 2024 Bishop's Lenten Appeal (BLA) Begins
- Project Rachel Ministry - After Abortion Retreats
- Become a Knight Update
- Siena Academy

(Announcements in CAPITAL letters are recurring, non-capitalized announcements are new with expiration dates.)

THE PARISH WEBSITE is the preferred method of communicating late-breaking news including Weather related adjustments and access to the Parish Registration Link:

<http://saintcatherineschurch.org>

APPLICATION TO SCHEDULE A BAPTISM - on Web Site, click Sacraments, then Baptism Guidelines and follow the link.

WEDDING REGISTRATION APPLICATION - on Web Site, click Sacraments, then Wedding Guidelines and follow the instructions.

QUICK CONTACT REFERENCE

Adoration – Diane Cieslak – 703-678-3919

KOC - Don Hopper - 703-994-3987 GK10754@VAKofC.org

Opus Dei – Daryl Glick – 703-689-3433 x201

Pro-Life – Mark Poirier – mark.g.poirier@gmail.com

SCYA - Greg Meehan - stcatherinesreoffice@gmail.com

Third Order Dominicans – Patrick Smith - 703-444-4571



AROUND THE PARISH

PRO LIFE – For Information, please contact Mark Poirier at mark.g.poirier@gmail.com.

THIRD ORDER DOMINICANS – All Parishioners are invited to share in the apostolic mission of the Dominican Order of Preachers by study, prayer and preaching. Meetings are usually held every 1st Saturday at 9:30 am in Bishop Justs Hall until further notice, following Mass and rosary. Contact Patrick Smith at 703-444-4571.

THE SAINT CATHERINE YOUTH APOSTOLATE (SCYA)

Contact information: Email:
stcatherinesreoffice@gmail.com

Our coordinator: Greg Meehan
Pastor's phone: 703.759.4350 #4

Parents, check the Christ the Redeemer website for breaking news on the youth ministry program

KNIGHTS OF COLUMBUS – is a vibrant Catholic gentlemen volunteer organization that serves our parish. It meets at 7:30 p.m. on the first and third Tuesdays of each month

at Padre Pio Hall. To join or learn more, please contact Grand Knight Don Hopper via 703.994.3987 or

HowToBecomeAKnight@yahoo.com. Also, see the Parish Web Site under the "Organizations and Apostolates" tab or read the "Become a Knight" paragraph below.

FORMED.ORG Formed is an on-line web-based digital platform from the Augustine Institute available 24/7. This series is designed to help you grow in your faith at all levels – how you think, pray and live. Better yet, access is FREE to all Saint Catherine of Siena parishioners and families anywhere, anytime, on computers, tablets or phones. So even though you have a busy schedule, you can still learn and grow in your faith. Go to formed.org/signup and follow the directions. Each registered family has access. Take advantage of this opportunity to learn more about our faith from the best Catholic authors and presenters.

LEGATUS is an international organization of Catholic business leaders, executives and their spouses committed to study, live and spread the Catholic faith. Chartered in 2000, the Northern Virginia chapter is welcoming new members. We

meet once a month in the Tyson's Corner area for prayer, dinner and a speaker. For information, please see Legatus.org or contact johnsekel@aol.com. [Exp. Date: TBD]

OPUS DEI – Evening of Recollection: A priest of the Opus Dei prelature presents an "Evening of Recollection" for women on the 3rd Monday of each month from 7:30 pm to 9:15 pm in the Church. Confessions: A priest of the Opus Dei Prelature offers Confessions on Monday morning after the 8:30 am Mass until 11 am. For more information, contact Daryl Glick at 703.689.3433 x201.

NEW APOLOGETICS SESSION for high-schoolers starts on Tuesday January 16th, 2024 - New students Welcome. Class meets on Tuesdays 5PM-6:15PM in Padre Pio Hall (under Rectory). Students in this course will learn how to defend their Catholic faith by participating in an academically challenging course and have fun at the same time. Classes will include the presentation of new topics, along with small group work. Students will practice using the Socratic method in an apologetics conversation through role-plays. On top of that, they will be introduced to Lectio Divina. We end each class in the church for some silent prayer time with the Lord. We teach their heads but want to win their hearts to Our Lord.

EUCCHARISTIC ADORATION - Please be attentive to weather conditions and check our web site for updates. You can contact Diane Cieslak at 703-678-3919 or email her at polskagirl65@gmail.com.

MASS USHERS: We are in much need of able-bodied Catholic gentlemen to volunteer their time to serve as ushers at our weekend (vigil Saturday and all-day Sunday) and holiday Masses. The role is simple yet is critically important to the Mass operations. Even volunteering just once per month or every other month would be appreciated. Please consider adding your name to the usher duty list by contacting Head of Ushers, Tom Garcia, at thomasg149@cox.net (or via PadrePioKnightsActivities@yahoo.com).

[Exp. Date: None]

2024 Bishop's Lenten Appeal Begins – The 2024 BLA mailing was recently sent to parishioners. The theme this year is shared with the theme of our Jubilee: "Behold, I make all things new." After reflecting upon the blessings God has given you, please prayerfully consider a pledge. As we look forward to the celebration of the 50-year Golden Anniversary of our diocese, let us renew our commitment to the Lord and be inspired to share

what we have received from Him. You make a gift at: www.arlingtondiocese.org/BLA. [Exp. Date: 1/29/24]

Project Rachel Ministry - After Abortion Retreats:

A Day of Prayer & Healing for women who have experienced abortion will be held on Saturday, February 10. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: (703) 841-2504 or info@helpafterabortion.org.

[Exp. Date: 2.5.24]

Exodus 90/Gospel 89: The Padre Pio Knights are once again sponsoring these two annual gentlemen prayer and reflection programs running from News Year Day through Easter. As always, Sir Knight Brian Burke will be leading these programs designed to strengthen our commitment to God through daily prayer, daily readings, and weekly group discussions. One of these two separate programs might be right for you. For some, it's an opportunity to meet other Catholic men within our parish and develop new friendships. More details to follow. Should you have questions, reach out to SK Brian at brian8burke@gmail.com or the Knights at PadrePioKnightsActivities@Yahoo.com

[Exp. Date: 01.29.24]

BECOME A KNIGHT - The Padre Pio Knights always welcome practicing Catholic gentlemen (18 or older) to join its Council. If currently a Knight who wants to transfer into our council, email us at HowToBecomeAKnight@yahoo.com. If not yet a Knight, simply complete an online application (or email us using this same email address) and then attend a 30-minute Admissions Ceremonial. To apply online, scan the QR code below and then enter "St. Catherine of Siena" for our church, "10754" for our council, and "MABBATE" as a special code to waive the enrollment fee. You will be contacted shortly by an officer about attending a ceremonial. The next Admissions Degree Ceremonial (open to you and your family) will be on Tuesday, April 16, 2024, at 7:30pm (7:00pm report time) in our church; a candidate need only register online and attend one of our ceremonies to become a Knight. A registration link and additional

information is available on the Knights Apostolates page on church website. [Exp. Date:



None]

KOC FOURTH DEGREE: If you are a current Third Degree Knight that may be interested in advancing to the Fourth Degree, which is dedicated to the principle of Patriotism, please contact Faithful Captain Ernest Piro or Faithful Admiral John Silvi of Elizabeth Bayley Seton Assembly 1781 via HowToBecomeAKnight@yahoo.com for details and to complete a simple half page admissions form. We are now accepting applications for the next semiannual degree ceremonial expected for a Saturday in May 2024. [Exp. Date: None]

KOC CHRIST HOUSE FOOD SERVICE ("CheFS"):

On the fourth Thursday of each month, the Knights of Columbus serve hot meals to the homeless and poor at CCDA's Christ House in Alexandria. We always welcome volunteers starting at 1:30pm that day to prepare, and then drive down to Alexandria to serve, these meals. If interested, contact the Padre Pio Knights at PadrePioKnightsActivities@yahoo.com. Note: we also deliver all dry food donations left in the Catholics Charities food donations closet to Christ House with the hot meal delivery.

[Exp. Date: None]

KOC INSURANCE AND MORE - Do you have life insurance, long-term care, or other retirement needs? Consider a free consultation with the Knights of Columbus. Contact Max Abbate, FIC, and his team (Jacqui and Shawn) at 866-868-1492 or via email at max.abbate@kofc.org. [Exp.



Date: None]

MAKE A GIFT OF STOCK TO SAINT CATHERINE OF SIENA CHURCH - If you would like to make a

gift of stock to Saint Catherine of Siena Church you can download the stock donation form from the Arlington Diocese, by going to the following link: <https://tinyurl.com/y282avsn> . Please contact your broker in writing in order to provide proper documentation for a gift of stock and follow the instructions on the stock donation form. For additional information or assistance

please contact Christine Farmer by phone at 703-841-3896 in the Office of Development or by email which can also be found on the form. For more details see our website <http://saintcatherineschurch.org>.

AROUND THE DIOCESE

For more details see our website <http://saintcatherineschurch.org>

Fourth Sunday in Ordinary Time - January 28, 2024 - "Let each of you lead the life that the Lord has assigned, to which God has called you." Do you think the Lord is calling you to the consecrated life or priesthood? Contact Fr. Michael Isenberg, michael.isenberg@arlingtondiocese.org or (703) 841-2514. [Exp. Date: 1.29.24]

THE IPS CENTER FOR PSYCHOLOGICAL SERVICES - Are you or a loved one in need of compassionate, Catholic, and affordable therapy? The IPS Center for Psychological Services provides mental health care from an integrated perspective. For inquiries about our services, please call 703-418-2111. (See Parish Web Site for contact information & details.)

SIENA ACADEMY

Dear Parishioners:

Thank you for celebrating Catholic Schools' Week with us. I always treasure and count on your prayers. The Parable of the Mustard Seed is a parable that we focus on to ponder the immensity of God's Kingdom when we each do our small part to build up the Kingdom. The Parable of the Mustard Seed: The parable of the Mustard Seed speaks of the Kingdom in terms of something very small, so small that it probably escapes our notice. And yet it grows and changes into something new and very great. In the Catechesis of the Good Shepherd atrium, we wonder with the children over whose great strength within that seed must cause this to happen. He proposed another parable to them. "The kingdom of heaven is like a mustard seed that a person took and sowed in a field. It is the smallest of all the seeds, yet when full-grown, it is the largest of plants. It becomes a large bush, and the 'birds of the sky come and dwell in its branches.'" – Matthew 13:31-32
God bless you and your loved ones.

Sister Janet Siepker, FSE
Head of School

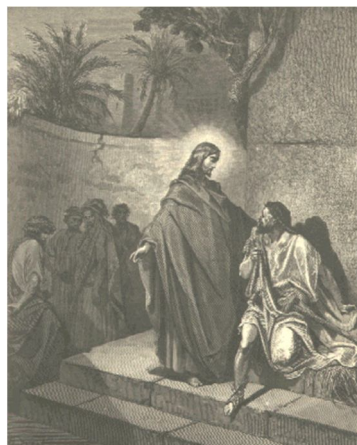
RELIGIOUS EDUCATION

stcatherinesreoffice@gmail.com

703.759.353

DRE – Father Jerry Pokorsky,
Assisted by Greg Meehan

Our goal is to have our children realize being Catholic is a way of life and not just another subject to learn. This spiritual journey involves a head to heart understanding of what it means to make a Christian difference in this world. Parents teach by their word and example as the primary educators in the Domestic Church. St. Catherine's supports our families by providing quality religious education in a faith-filled environment. Through the cooperative effort of parents, the catechetical program, our parish family, and the students themselves, our children will grow in their love for God and knowledge of their Catholic faith, develop their God-given gifts and talents, and be authentic and effective disciples of Christ in this world. Please check the parish website for the cluster schedules for when your child comes to meet in person with their class. Please check the parish website for all sacramental preparation requirements and deadlines as well as CCD scheduling of Cluster Meetings for those children who are enrolled in the CCD program. For questions please email stcatherinesreoffice@gmail.com or call 703.759.3530.



The CCD program begins Monday evening, vSeptember 18, 2023

2023-2024 Classes:

Grades 1-7 will be using the Faith & Life On-line Program supplemented with in-person cluster meetings (see clusters and schedule below) on Monday nights from 6:00 pm-7:15 pm in the parish hall.

Grade 8 will meet in person Mondays from 6:00 pm-7:15 pm in Padre Pio Hall (basement of the rectory).

vSeptember 18 (No Class v9/11 - Confirmation Mass and No Class v9/25 FFX Holiday)

vOctober v2, v16, v23 (No Class 10/9 Columbus Day)

vNovember 13, 20, (No Class v11/6 FFX Holiday and No Class v11/27 Thanksgiving)

vDecember 4, 11, (No Class on v12/18 and v12/25 Christmas Break)

January v8, v22, 29 (vNo Class 1/1 New Year's Day and No Class 1/15 Martin Luther King Jr. Day)

February 5, 12, 26 (No Class 2/19 President's Day)

March 4, 11, 18, (No Class 3/25 Easter Break)

April 8, 15, 22, 29 (No Class 4/1 Easter Break)

May 6, 13, 20

High School Spring Apologetics Course will be meeting in person starting Tuesday, January 16, 2024 and will be meeting in the Padre Pio Hall (basement of the rectory).

See High School Options tab for more information.

Clusters and Schedules

Cluster 1: Grades 1, 2, and 3

Cluster 2: Grades 4 and 5

Cluster 3: Grades 6 and 7

Cluster Schedule:

Meet at 6:00 pm in the Parish Hall: Decade of the Rosary – led by a catechist

6:10 pm to 6:30 pm: Priest (or catechist) gives a catechetical talk in church.

6:30 pm to 6:45 pm: Socialization in Parish Hall

(Priest hears Confessions until 7 pm or longer if schedule allows.)

6:50 pm to 7:15 pm: Catechist gives a catechetical talk in Parish Hall.

Cluster Meeting Dates:

**Clusters 1, 2, & 3 (All Grades) meet on Monday, September 18th, 2023
for a kick-off meeting from 6:00pm - 7:15pm.**

Cluster 1: Grades 1, 2 & 3

vSeptember 18, 2023

v October 2, 2023

v October 30, 2023

v December 4, 2023

vJanuary 22, 2024

February 12, 2024

March 11, 2024

April 15, 2024

May 6, 2024

Cluster 2: Grades 4 & 5

vSeptember 18, 2023

vOctober 16, 2023

vNovember 13, 2023

v December 11, 2023

January 29, 2024

February 26, 2024

March 18, 2024

April 22, 2024

May 13, 2024

Cluster 3: Grades 6 & 7

vSeptember 18, 2023

v October 23, 2023

v November 20, 2023

v January 8, 2024

February 5, 2024

March 4, 2024

April 8, 2024

April 29, 2024

May 20, 2024

Penance and First Holy Communion 2024

There will be two special meetings held for Parents of First Communicants

Wednesday, February 7, 2024 (Parents Only) 6:00pm - 7:00pm

Wednesday, March 13, 2024 (1st Penance Parent/Child Meeting) 6:00pm - 7:00pm

First Penance: Saturday, March 16, 2024 at 9 am following the 8:30 am Mass

First Holy Communion Practice: Thursday, May 9, 2024 - 6:00pm - 7:00pm

First Holy Communion: Sunday, May 12, 2024 at 12:00 mass.

More information and the registration form can be found in the First Penance and First Holy Communion Tab on the parish website.

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